

We pay our respects to the Wiradjuri people, who are the traditional custodians of the land on which Delroy Campus sits, and pay respect to Elders past and present and extend that respect to all Aboriginal people who are part of our school community.



above: wonderful artwork currently adorning our office foyer from Miss Sinclair's students.



Delroy students from the Duke of Edinburgh class completed a five day State Emergency Service (SES) cadet course in Week 3. The students completed a wide variety of activities at Delroy and spent a day with the Dubbo Volunteer Rescue Association (pictured above)



and a day at the Dubbo SES headquarters the cadet program was taught by Julie Anderson and supervised by Mr Paul Woodhead.

PLEASE SEE AND READ THE ENCLOSED INFORMATION IN THIS NEWSLETTER REGARDING MOBILE PHONE USE.



Principal's message.....

Term 3 has been filled with many superb opportunities. We have been competing against South Campus in Serisier Cup. This is a sporting challenge consisting of 10 different sports for male and female students from all years. Delroy students have been excellent sports people and have represented our school to the highest level of sportsmanship. Congratulations to all the competitors and to the coaches for their time and effort in supporting our students.



Our Parent/Teacher night will be held on Tuesday 3rd September from 4-7pm in our school Library and main foyer. This is an excellent opportunity for parents and carers to gain some information about how their child or children are progressing with their studies and to find out how best to assist their children with their work. We look forward to seeing everyone at this evening.

Year 6 into Year 7 transition has started for 2020. An information night was held on Wednesday 28 August to inform parents/carers about the opportunities available at Dubbo College. There will be more transition activities during the rest of this term and in term 4.

Thank you to the staff and students who participated in the SRC fundraiser. Many students and staff got into the spirit of the theme "BOGAN /HAWAIIAN". Students had the opportunity to play sport against the staff and replenish their energy with cup cakes and a sausage sandwich.

Students must continue to prepare themselves for assessment tasks and exams. This will ensure that they do the best they can for their progression into next year.

Thank you to all staff and students for their continued efforts.

Mrs Debbie Head Principal

"However difficult life may seem, there is always something you can do and succeed at, it matters that you don't just give up." - Stephen Hawking.

Please see enclosed letter. We are writing to share the exciting news that from the beginning of Term 4 2019, we will be making our school a mobile phone and personal digital devices (including smart watches) free space to improve teaching and learning. We are using a system called Yondr to achieve this goal. Yondr is currently used across the world in over 1000 schools, as well as at concerts, comedy shows, weddings and special events of all kinds. The goal of these spaces is to encourage people to engage with each other and their surroundings. In an effort to best serve your child, we appreciate your full support in adoption of the Yondr Program in our school.



YEAR 7 AWARDS

We had a Year 7 Assembly early this term. It was a great opportunity to acknowledge and celebrate some of the great students we have in Year 7. Each PBL class teacher, Year Advisers, and our Deputy for Year 7, Miss Bermingham, gave out awards to students who were OUTSTANDING at following the Delroy Expectations.

The students who received an award were: **Lorina Byers, Reyah Wilson, William Bannerman, Destiny Wilson, Makayla Lewis-McInnes, Madison Roche, Daniella Clews, Allira Markcrow, Michala Lord, Montanah Phipps, Toby Pay, Kacey Ireland, Jonty Schulz, Jia-Rong Tan, Briannah Hundy, Alexis Pfeiffer, Nikki Griffiths, Ashlee Taylor and Makayla Seton.**

Congratulations and well done to those students.

Mrs Danielle Sparrow
Year 7 Adviser

What's on?

Week 6

Wednesday 28.08.19

- Year 6 into Year 7 Evening at Senior Campus 6.00pm - 7.30pm
- College Band at Yr 6 into Yr 7 Evening

Thursday 29.08.19

- Serisier Cup
- Girls Academy Sports Day at Senior Campus
- Girls Academy Inter-academy Camp 9.00am

Friday 30.08.19

- Girls Academy Sports Day at Senior Campus
- Girls Academy Inter-academy Camp 9.00am

Week 7

Monday 02.09.19

- Ag Excursion National Dorper Sale 11.00am

Tuesday 03.09.19

- Youth Frontiers Dulcidene Kidman Bull Sale 10.00am
- Parent/Teacher Evening at Delroy Campus 4.00pm - 7.00pm

Thursday 05.09.19

- Excursion Circus West Workshops at Nepean Creative and Performing Arts High School 9.00am

Friday 06.09.19

- Excursion Circus West Workshops at Nepean Creative and Performing Arts High School 9.00am

Week 8

Wednesday 11.09.19

- Girls Academy Inter-academy Football at Tamworth 9.00am
- Support Excursion Macquarie River Walk and Japanese Gardens 9.30am

Thursday 12.09.19

- Girls Academy Inter-academy Football at Tamworth

Friday 13.09.19

- Girls Academy Inter-academy Football at Tamworth 9.00am

Week 9

Thursday 19.09.19

- Dubbo Rugby 7's Apex Oval 7.00am
- College Vocal Workshop 9.00am
- TAFE NSW Wool Industry school-based traineeship showcase day 9.40am
- Support Excursion - The Lion, The Witch and the Wardrobe.

Week 10

Tuesday 24.09.19

- Excursion - Duke of Edinburgh students to Warrumbungles 7.00am
- Delroy's Got Talent 1.25pm

Wednesday 25.09.19

- Excursion - Duke of Edinburgh students to Warrumbungles 7.00am

FRIDAY 27.09.19

LAST DAY OF TERM 3

CHILD STUDIES

Students in Year 10 are currently studying the topic 'PLAY and the DEVELOPING CHILD'. The students have actually been playing a variety of games so they can experience different ways of encouraging children to play, which, in turn develops a child's imagination, dexterity, and physical, cognitive, and emotional strength. Play is important to healthy brain development. During the course of the topic students will also create their own games for young children.

Also, as part of Child Studies, the students have been visiting a child care centre in Dubbo learning about children aged from six weeks to five years and interacting with the older children. As part of their final assessment the students will build a children's playground.

Miss Kathryn Bermingham
Deputy Principal



Kady Lake



Monica McFarland and Caitlyn Dicker

above and below: Delroy Campus Child Studies students learning and enjoying their Child Studies class using their imagination and creativity for children's games.



Brad Fisher



Gloria-Anne Cubby and Lisa Bayliss



Taleikah Kennedy, Shannon Kassell, Isabelle Fernando and Casey Hangan



Kady Lake and Stevie Dixon

YEAR 7 PERFORMANCE ASSESSMENT - CLASS ENSEMBLE

All Year 7 students are required to participate in a class ensemble for their assessment this term. Each class will perform for the whole of Year 7 and the 9/10 Elective Music class showing off the great talents we have in Music at Dubbo College Delroy Campus. All classes have been rehearsing for their performances and are super excited to have the opportunity to showcase their amazing talents. This will be happening Week 8 – Thursday 12 September in the Delroy Hall at approximately 9.30am. We encourage Parents/Carers as well as community members to come along and enjoy the five class performances.

Miss Brooke Tonks CAPA/Music



above: students from 7 Blue - Callum, Darby and Billy.



above: students from 7 Blue - Nate, Paige, Michala, Ben, Casey and Jye.



above: 7 WICOR students Hunter, Justin, Kim Shae and Savannah





7 STRIVE students Ashton, Annie, Mikayla, Lauren, Bailey and Chris.



7 Red students Kelly Kaylee, Maddyson and Nicole.

<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <u>COLLEGE BAND</u> <u>TERM 3 CALENDAR</u> </div>  </div>				
Monday 05 August	Education Week Launch	Senior Campus	8.30am - 12.30pm	Own transport there Bus back to Delroy Campus
Friday 23 August	Workshop day and collaboration with Macquarie Con at South	South Campus	9.00am - 3.00pm	Bus to and from South or own transport to and from
Wednesday 28 August	Yr 6 > 7 Transition Night	Senior Campus	4.30pm - 7.30pm	Own transport
Wednesday 25 September	Yr 6 > 7 Transition Night	Delroy Campus	After school - 4.45pm	Delroy main foyer

<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <u>COLLEGE CHOIR</u> <u>TERM 3 CALENDAR</u> </div>  </div>				
Wednesday 14 August	Afternoon Rehearsal	Delroy Campus	3.30pm - 5.00pm	Music rooms Delroy Campus
Wednesday 04 September	Afternoon Rehearsal	Delroy Campus	3.30pm - 5.00pm	Music rooms Delroy Campus
Wednesday 18 September	Afternoon Rehearsal	Delroy Campus	3.30pm - 5.00pm	Music rooms Delroy Campus
Wednesday 28 August	Yr 6 > 7 Transition Night	Senior Campus	4.30pm - 7.30pm	Own transport
Thursday 19 September	Choir Workshop Day	Delroy Campus	9.00am - 3.00pm	Music rooms Delroy Campus
Wednesday 25 September	Yr 6 > 7 Transition Night	Delroy Campus	After school - 4.45pm	Delroy main foyer

SES Cadet Program

During week two, students in the 9/10 Duke of Edinburgh elective subject successfully completed their SES cadetship. The aim of the cadet program is to build student skills in communication, teamwork, self-confidence, self-respect and resilience.

Here's what the boys said about their experience: 'Our time recently with the SES was jam packed, full of fun and relevant learning. There was never a dull moment even in the theory components of the course. The trainers found innovative and fun ways to keep us engaged. We grew as a group in a very personal way, not only as friends but as a whole team and now we are a lot closer. The trainers taught us life skills, as well as ways we could save a life in a practical way which has made it stick in our minds even more. There is a lot more we can talk about but it would take a lot more of your time, so instead of reading about it we urge other classes to go out and engage within our communities in ways that will build skills and contribute to our local environment.'

Mrs Lucinda Hardy
Head Teacher PDHPE



Above:
left to right - Billy Hopkins, Ryan Johnson, Cooper Bourke,
Nick Pickering, Doug Willis, John Toohey, kneeling is Logan Windsor.

CAREERS

Subject selections for Year 10 going to Senior Campus in 2020 are well underway. This is an exciting time for our Year 10 students as they get to choose all their subjects according to their career aspirations and interests for the first time in their schooling. With around 55 subjects to choose from the process has been daunting for some. Students will nominate their subjects on Wednesday of Week 3 and Senior Campus staff will allocate classes from subjects selected. Students will have an opportunity to sit in their selected classes at Senior Campus during transition week in Term 4.

Thank you to all the parents who attended the Parent Information Session at Senior Campus in Week 1, attended Interviews at Delroy in Week 3 or discussed the subject choices with their child and guided them in making their decisions.

Cyber Security late last term Careers were given an opportunity to send eight girls to a three day Cyber Security workshop at Charles Sturt University in Dubbo. Lecturer from the School of Computing and Mathematics, Associate Professor Tan Zia taught the students about Security Awareness, Understanding the Hacker's Mindset, Understanding Cyber Attacks and Digital Forensics. Cyber Security Analysts are currently a high demand occupation as the world relies on technology for finance, communication, education, health care, energy and food production. These assets are under constant threat and people with training in cyber security are at the forefront of their protection.

Power of Engineering last Friday, Careers took twelve students to the Power of Engineering activities in Bathurst. This annual event is hosted by the School of Engineering at CSU in Bathurst and promotes STEM and Engineering to girls. The guest engineer was Nina Kilpinen, a Project Construction Engineer. Nina worked on the WestConnex Tunnels and spaghetti junctions at the Light Horse Interchange roads in Western Sydney. Nina began her career labouring on building sites with her father. She enjoyed the design aspect of construction and wanted to be an architect. After running a shoe business, Nina decided to study engineering and found the skills learnt in labouring and selling shoes were applicable to building roads. Nina encouraged the girls to think about the big picture and the end product if they became engineers.

Mrs Renae Justice Careers Adviser



above: Power of Engineering Workshop CSU Bathurst, Chloe Crowfoot, Charlotte Hollier, Matilda Hollier, Malayah Hurst, Maddison Newstead, Allison Smith-Romans.

left: Delroy Campus students participating in the CSU Cyber Security three day workshop: Alexis-Lea Higgins, Axelle Scholz, Sophie Mayall, Lara Ireland, Alexandria Smith, Caitlin Pascoe, Emily Woodhouse Mackena Dennis.



Dubbo College P&C Meeting
Term 3
Monday 16 September 2019
Westside Hotel Dubbo
6.00pm

Everyone welcome and we look forward to seeing familiar and new faces.

DELROY'S GOT TALENT 2019

TUESDAY 24 SEPTEMBER - TERM 3

Singing, dancing, circus, group acts, ensembles, comedy.....

Parents/Carers and member of the community are invited to attend wonderful performances from our students and staff at Delroy Campus on Tuesday 24 September 2019 from 1.30pm - 3.15pm
Look forward to seeing you there, Miss Brooke Tonks CAPA

STRIVE Class Scoop....

Year 8 Report:

As we are already half-way through the term, students should be actively working on their assessment tasks in their own time. While some class time has already been, and will continue to be provided for the development of these tasks, students should be doing extra preparation in order to maximise their results. Task overviews have been provided within the yellow assessment booklet received at the start of the term. Students have also received copies of the individual assessment outlines in readiness for the assessment period taking place between Weeks 7 to 10.

To quickly recap, the core assessment tasks this term are:

- English: creation of a group newspaper in which students individually contribute a 400-word report based on survival as either a news, entertainment or sport report, or an opinion piece such as an editorial. This task is due on 23 September (Week 10).
- Geography: research task exploring water scarcity (in a chosen location) and ways of overcoming it. This task is due on 13 September (Week 8).
- Maths: creation of a one-page summary sheet for *Linear Relationships* and *Pythagoras' Theorem* topics due 6 September (Week 7). The summary sheets can be used in the in-class Term 3 Examination on 12 September (Week 8).
- PDHPE: ongoing assessment based on practical lessons, and Sports Hydration Analysis Assessment (in-class task) to be completed in the sport lesson on 12 September (Week 8).
- Science: informative pamphlet which shows how developments in scientific knowledge and technology have contributed to finding a solution to a human health issue. Ideas could include organ transplantation, artificial joints/limbs, treatment for diabetes, asthma, kidney or heart disease. This task is due on 13 September (Week 8).

As can be seen, students have quite a bit of work to complete especially during Week 8. Access to computers will be provided for the English, Geography and Science assessment tasks, including on the day of task-submission to allow students to make any final adjustments to their work. However, students should not assume that this is the only time that they should be working on their assessment tasks.

I have been very disappointed in the lack of homework being returned by students. This is handed out every Tuesday and is due back the following Monday. I do not give students homework for 'homework's sake' but rather as an opportunity to practice the skills and consolidate the concepts being developed in class. Students are encouraged to view this as an opportunity to improve their understanding, and could very easily be completed at Homework Centre which operates every Wednesday afternoon.

As always, I would like to acknowledge the contribution of Woolworths Delroy Park to the Strive class, enabling us to cater afternoon tea for Homework Centre on a fortnightly basis.

Woolworths

Mrs Rachel Cody
Year 8 Strive Class Teacher



above and below:
students investigating body systems in Science

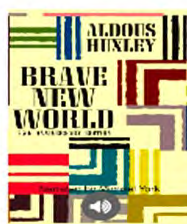


There's more to
your library

Listening Favourites [view more >](#)



The Night Circus
by Erin Morgenstern
★★★★★ (5/5)



Brave New World
by Aldous Huxley
★★★★★ (5/5)



Mockingjay
by Suzanne Collins
★★★★★ (5/5)

UNIFORM SHOP

20% OFF SALE*



**MONDAY 9th SEPTEMBER
TO**

FRIDAY 27th SEPTEMBER

DURING NORMAL SHOP HOURS

* 20% OFF STOCKED ITEMS
(EXCLUDING WOOL JUMPERS, BLAZERS & BACKPACKS)

* NO REFUNDS OR EXCHANGES
(UNLESS GARMENT IS FAULTY)

* NO RAINCHECKS



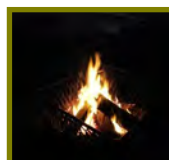
SALE ON FOR 3 WEEKS ONLY

DELROY CAMPUS CALENDAR**TERM 3 - 2019**

TERM 3		Monday	Tuesday	Wednesday	Thursday	Friday
Wk 06	August	26 Serisier Cup	27	28 Year 6 into Year 7 Information Evening at Senior Campus 6.00pm—7.00pm College Band and Choir attending Year 6 into Year 7 evening at Senior Campus 6.00pm –7.00pm	29 Serisier Cup Girls Academy Sports Day at Senior Campus Girls Academy Inter- academy Camp 9.00am	30 Girls Academy Sports Day at Senior Campus Girls Academy Inter- academy Camp 9.00am
Wk 07	Sept	02 Ag Excursion National Dorper Sale 11.00am	03 Youth Frontiers Dulcidene Kidman Bull Sale 10.00am Parent/Teacher Evening at Delroy Campus 4.00pm - 7.00pm	04	05 Excursion Circus West workshops Nepean Creative and Performing Arts High School 9.00am	06 Excursion Circus West workshops Nepean Creative and Performing Arts High School
Wk 08	Sept	09	10	11 Girls Academy Inter- academy Football at Tamworth 9.00am Support Excursion Macquarie River Walk and Japanese Gardens 9.30am	12 Girls Academy Inter- academy Football at Tamworth 9.00am	13 Girls Academy Inter- academy Football at Tamworth 9.00am
Wk 09	Sept	16 P&C Meeting Westside Hotel 6.00pm	17	18	19 Dubbo Rugby 7's Apex Oval 7.00am College Vocal Work- shop 9.00am TAFE NSW Wool Industry school-based traineeship showcase day 9.40am Support Exc - The Lion, The Witch and the Wardrobe	20
Wk 10	Sept	23	24 Duke of Edinburgh Warrumbungles Excursion 7.00am Delroy's Got Talent 1.25pm	25 Duke of Edinburgh Warrumbungles Excursion	26	27 LAST DAY OF TERM 3

**YEAR 9 EXCURSION TO TEA GARDENS**

Year 9 students will have the opportunity to go to The Great Aussie Bush Camp at Tea Gardens in the first week of Term 4, Monday 14 October to Wednesday 16 October 2019. Students will take part in a number of great and exciting activities, action and adventures which will incorporate initiative, communication, teamwork, leadership and LOTS of FUN. Remember to get your money and permission notes in as soon as you can, final payments are to be made by Friday 6 September 2019.





Friday, 30 August 2019

Dear Parents and Carers,

MOBILE PHONES IN JUNIOR CAMPUSES

We believe that mobile phones and personal devices have great utility. We have also found that learning and social behaviour improve drastically when students are fully present so they can engage with their teachers and classmates.

We are writing to share the exciting news that we will be making our school a mobile phone and personal digital device (including smartwatches) free space to improve teaching and learning from the beginning of Term 4 2019. We are using a system called Yondr to achieve this goal. Yondr is currently used across the world in over 1,000 schools, as well as at concerts, comedy shows, weddings and special events of all kinds. The goal of these spaces is to encourage people to engage with each other and their surroundings.

The NSW government announced in December 2018, that to reduce online bullying and unnecessary distraction, high schools can opt into the ban of mobile phone use during school hours. This follows an independent expert review lead by child psychologist Dr Michael Carr-Gregg. This review considered 14000 written responses and 80 written submissions.¹

The Yondr Program employs a simple, lockable pouch that stores a mobile phone. On arrival to school each morning every student will turn their phone off and secure their phone in a personally assigned Yondr pouch. They will maintain possession of their phones, and will not use them until they are unlocked at the end of the school day. Students are required to bring their Yondr pouch to and from school each day and are responsible for their pouch at all times.

In an effort to best serve your child, we appreciate your full support in adoption of the Yondr Program at our school.

Information sessions will be held at both South and Delroy Campuses.

South Campus
Monday 9 September 2019
7:30m, following P&C meeting
In the school Library

Delroy Campus
Tuesday 3 September 2019
6:40pm – 7pm
In the school hall

If you have any questions, please do not hesitate to contact your school directly (South - 6882 3744, Delroy – 6882 7955).

Yours sincerely,

Ms Linda Macleod
South Campus
Principal

Mrs Debbie Head
Delroy Campus
Principal

1. McKinnelle, J and Tiller, S. (2018) 'Mobile phones will be banned in NSW primary schools from next year', *ABC News*.





How Yondr Works



POUCH

As students enter the phone free space they will turn their phone off and place their phone in a Yondr pouch.



SECURE

Once the phone is in the pouch, it will lock. Students keep their phones throughout the day in their school bag.



EXIT

To unlock the pouch, tap it on any unlocking base.

Frequently Asked Questions

What if I want to reach my child during the school day?

We want our students to be engaged in their learning. Please refrain from contacting your student during the school day. In an emergency contact the administration office on 6882 3744.

Is there a cost for the Yondr pouch? No. Students do not have to pay for their initial pouch.

What if the pouch gets damaged or is lost?

The Yondr pouch is the property of Dubbo College South Campus. The school will provide a replacement pouch at a cost of \$10.00 to the student.

Will my student's phone be safe? Yes. Students are in possession of their phone - in their Yondr pouch - for the entire school day. We will advise students to store the pouch in their backpacks where it is completely safe.

What happens if my child's phone is sighted by a staff member during school hours? The mobile phone will be confiscated on the spot. Confiscated phones will be locked away securely in the school's safe. The parent/carer will be contacted to collect the phone from the school between 8.00am and 4.00pm. Phones will not be returned to students.

What happens if my child refuses to hand over their phone? Students will be issued a formal caution of suspension in accordance with the Department of Education's suspension policy. Suspension may result from continued disobedience.





Some worthwhile reading

Phones reduce the amount of time students are bored. Whilst this sounds positive, research has tested and shown that boredom is a driver of creativity and productivity. Boredom allows the mind time to wander, consider complex ideas and form opinions and perspective. People exposed to small periods of boredom for example give more to charities, are kinder to others and actively become more involved in their physical and social environment. Reducing student screen time might increase some boredom but will improve their life.

Andrew Bastawrous, an ophthalmologist, says "There's definitely a myopia epidemic. Many more people are becoming short-sighted than they were a decade ago". This is thought to be a combination of mobile phone usage and a reducing in focusing outside on people and the environment (also affected by mobile phone usage). "The growth of the eye tends to slow down in your late teens and stop. But what's happening is that it isn't stopping. It seems to continue". The implications of this are not just that there are more people needing glasses, potentially severe visual impairment can result in glaucoma retinal detachment and another retinal problems.

According to recent research people tap, swipe, and click an average of 2,617 times per day. For the top 10 percent of users, this number doubled to 5,427 touches per day. Data collected from Apple and Google show that average users unlock their phones 110 times per day. That is equivalent to six to seven times per lesson regardless of if the phone is on the desk or on silent in their pocket or bag. This shows the 'old' strategy is not helping our students succeed.

In the second half of last year more than a quarter of incidents recorded by teachers relate to inappropriate use of mobile phones. Over the same time the phrase "mobile phone" was written 1224 times in relation to negative student behaviour. According to research, (conducted by Spears, Keeley, Bates, & Katz), one in five young people under 18 (20%) reported experiencing online bullying in any one year and of those incidents almost a fifth of victims are exclusively bullied through devices such as mobile phones.

The biggest lament of teachers in regard to mobile phones is that they lead to student distraction and off task behaviour. Texting a friend is a tempting diversion that many students select over being part of the lesson. Observations of student toilet usage during class time indicate that 1 in 10 toilet breaks appear to be coordinated between friends in different classes through the use of mobile phones. The amount of time students are spending out of the classroom to relieve themselves has doubled.

Teenagers who spend five or more hours a day on electronic devices are 71% more likely to have a risk factor for suicide than those who spend less than an hour a day. Young people who use screens this much are also 52% more likely to sleep less than seven hours a night – a significant amount of sleep deprivation with potential consequences for both physical and mental health. The more time young adults spend on social media, the more likely they are to be depressed or lonely. (The Guardian – 12 January 2018)

